



Atrial Fibrillation Physician-to-Patient Discussion Guide



Have you been diagnosed with or suspect you may have atrial fibrillation (AF)? Everyone has a unique journey and experience with AF. Use this guide to aid in your discussions with your treating physician or specialist. Talk with your healthcare provider to determine the best treatment option for your heart condition.

QUESTIONS YOUR DOCTOR MAY ASK YOU

Do you experience any of the following symptoms?

- Rapid, strong, irregular heartbeat (palpitations)
- Chest Discomfort or Pain
- Fatigue
- Shortness of breath
- Weakness
- Dizziness
- Feeling faint

How long have you been experiencing the symptoms above? How often do they occur?

What is the severity of these heart sensations?

Would you categorize your symptoms as continuous or irregular?

Are any of your symptoms keeping you from your regular daily activities?

Has your quality of life been impacted or affected? How?

Have you had a heart attack?

Have you ever been diagnosed with the following?

- Heart abnormality from birth
- Damage to the heart structure from a heart attack
- Heart valve problem
- Atrial Fibrillation (AF or Afib)

Have you been prescribed any of the following medications? If so, what are you currently taking? How long?

Heart Rhythm Control Medication:

- Flecainide or Tambocor
- Propafenone or Rythmol
- Dronedaronone or Multaq
- Sotalol or Betapace AF
- Dofetilide or Tikosyn
- Amiodarone or Cordarone or Pacerone

Heart Rate Control Medication:

- Diltiazem
- Verapamil
- Carvedilol
- Beta Blocker
- Calcium Channel Blocker
- Digoxin

How have the medications made you feel?

Have you seen any other specialists for your symptoms?