



Atrial Fibrillation Patient-to-Physician Discussion Guide



Have you been diagnosed with or suspect you may have atrial fibrillation (AF)? Everyone has a unique journey and experience with AF. Use this guide to aid in your discussions with your treating physician or specialist. Talk with your healthcare provider to determine the best treatment option for your heart condition.

QUESTIONS TO ASK YOUR PRIMARY PHYSICIAN OR CARDIOLOGIST

What is my diagnosis?

What are my treatment options?

Are there any alternative therapies I should try or consider?

What are the long-term effects of my condition?

What caused my atrial fibrillation?

Is my condition treatable?

What will my insurance cover?

What other specialists should I be referred to?

How often should I follow up with you?

What symptoms should I be concerned about?

Will I need to take any medications?

How at risk am I for stroke? Is there anything I can do to decrease my risk?

Are there lifestyle changes I should make?

QUESTIONS TO ASK ELECTROPHYSIOLOGIST (EP)

I've been diagnosed with atrial fibrillation. What are my treatment options?

What is the most common procedure for my diagnosis?

Are there different types of ablation procedures?

Can you describe radiofrequency ablation?

Can you describe cryoablation?

Is one type of ablation more effective than the other?

Have you performed ablation procedures to treat atrial fibrillation? If so, how many?

Am I a good candidate for an ablation procedure?

What is the procedure intended to do?

What happens during the procedure?

After the procedure, will I have to stay overnight in the hospital?

What are the outcomes for these kinds of procedures?

Can I choose the type of procedure I think is best for me?

If I choose not to proceed with an ablation procedure, will my Afib disease progress?
